

## SAP North

**The Society of Analytical Psychology**

**invites you to the third of its innovative, residential weekends**

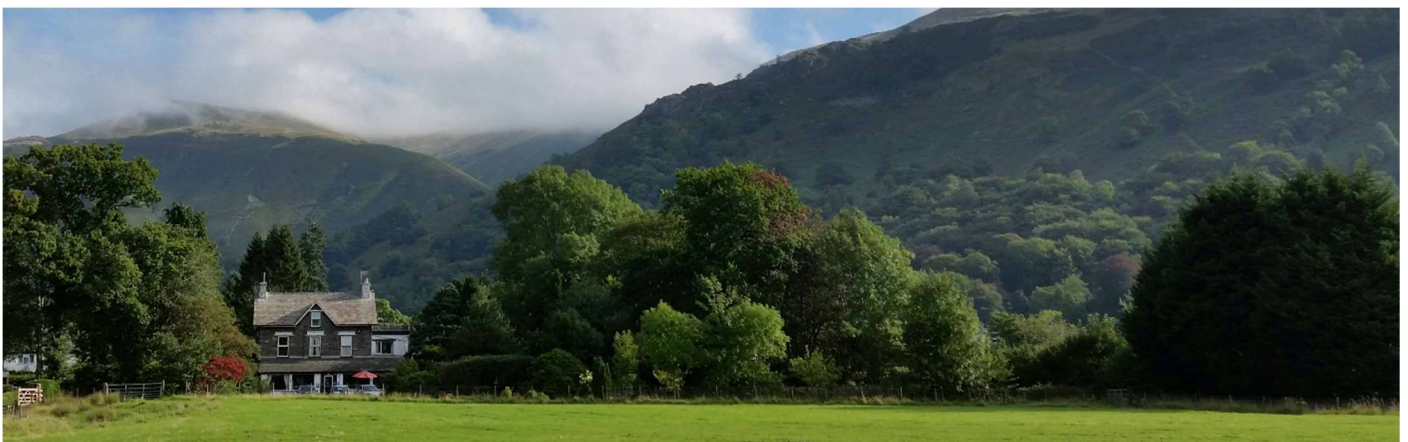
**based in Grasmere, Lake District, U.K.**

### **‘The Way of What is to Come: Jung’s Liber Novus’**

**An experiential weekend exploring core themes of C.G. Jung's Red Book**

**Friday tea-time October 30<sup>th</sup> through to Sunday lunch Nov 1<sup>st</sup> 2020**

Lake View Country House, Lake View Drive, Grasmere, LA22 9TD



SAP North provides an opportunity to explore the ideas of Carl Jung, amidst the evocative landscape of the Lake poets. For Autumn 2020, we are focusing on Jung’s Red Book: ‘The Way of What is to Come: Jung’s Liber Novus’. There will be experiential workshops and seminars, including an introduction to the Red Book, an exploration of Jung’s concepts of initiation and individuation, and a guided personal journey through use of Jung’s art work within the Red Book. To allow the experience to be further digested and personalized, we provide facilitated groups, social dreaming workshops and an opportunity to walk with others in the Lakeland fells.

The breath-taking beauty and poetic history of Grasmere offers an evocative landscape for reflection on these core Jungian themes. Further information can be found at [www.sapnorth.uk](http://www.sapnorth.uk). For a more detailed idea of the programme, topics and speakers, our leaflet and application form will be available by the end of April 2020: <http://www.sapnorth.uk/FuturePlans.aspx>

Please email the completed form to Roselyn Abbott at: [roselyn.abbott@sapnorth.uk](mailto:roselyn.abbott@sapnorth.uk)

Completion Certificate: each weekend provides 12 hours towards continuing professional development for clinicians in the helping professions. A minimum attendance of 80% is required to receive a course completion certificate.



## ‘The Way of What is to Come: Jung’s Liber Novus’

Friday tea-time October 30<sup>th</sup> through to Sunday lunch Nov 1<sup>st</sup> 2020

Lake View Country House, Lake View Drive, Grasmere, LA22 9TD

### The Society of Analytical Psychology

1 Daleham Gardens, London NW3 5BY

020 7435 7696

<https://www.thesap.org.uk/>

The following Jungian analysts will be facilitating the weekend:



**Roselyn Abbott** is a Jungian Analyst, a member of the Group Analytic Society International and the British Association for Psychoanalytic and Psychodynamic Supervision. Ros is also a registered Mentalization Based Treatment Practitioner, and has extensive experience working as a Psychoanalytic Psychotherapist, Supervisor and Group Analyst within the NHS including forensic services, specialising in working with women and personality disorders. Ros holds an MA in Intercultural and Group Therapy, and currently works in private practice as a Jungian Analyst and Group Analyst. Ros is involved in both the SAP Analytic and Psychotherapy trainings, and has edited the Film & Culture section of the JAP.



**Gillian Kind** is a Jungian Analyst and psychotherapist working in South West London. She was trained by IGAP in London and also belongs to GAP. She has a varied practice including working with people who have suffered from trauma and different forms of psychological illness. She worked for six years in psychiatry and is interested in the overlap between psychology and religion. She likes working with dreams and active imagination, but also uses EMDR in her practice. She enjoys giving seminars and lectures for both training organisations as well as training analysts and doing supervision. Her interests include walking in nature and gardening.



**Katerina Sarafidou** is the Jungian Director of the MSc Psychodynamics of Human Development, which is run collaboratively by Birkbeck College and the British Psychotherapy Foundation. She is currently carrying out academic research at King’s College London on Jungian theory, German aesthetics and subjectivity. She lectures at both Birkbeck and King’s College and her current research project is on Kant and his notion of the unity of consciousness and transcendental freedom. In 2016, alongside two senior Jungian analysts, she helped establish The Circle of Analytical Psychology, which offers a 2-year course of study to Jungian analysts on Jung’s Liber Novus.



**Rupert Tower** is a psychologist, psychotherapist and Jungian Analyst (SAP) in private practice in Hampstead. Previously he worked in the Arts and as an Applied Social Psychologist and Director of an international qualitative research consultancy. His initial training involved a synthesis between a Classical Jungian therapeutic approach and Buddhist contemplative practice. He has published articles on Social Psychology, Market Research and Jung’s concept of the Shadow in organizations. Currently he teaches at the SAP and other Jungian organisations.



**Diane Finiello Zervas** is an Art Historian, and a Senior Training Analyst and Supervisor with IGAP in private practice in London, specialising in the interface between creativity, analysis and the arts. Her many art historical publications include two major books on Florentine Medieval and Renaissance Art. Currently interested in Jung’s visual imagery in *The Red Book*, she is one of the leaders of the London *Liber Novus* reading seminars organised by The Circle of Analytical Psychology. Her essay on Jung’s mandala sketches, ‘Intimations of the Self’, was recently published in *The Art of C.G. Jung* (Norton 2019), and her article: ‘Philemon, Ka, and Creative Fantasy: The Formation of the Reconciling Symbol in Jung’s Visual Art, 1919-1923’ will appear in *Phanês* (2), 2019.

