

SAP North

The Society of Analytical Psychology

**invites you to the third of its innovative, residential weekends
based in Grasmere, Lake District, U.K.**

‘Becoming One’s Self’

Dates TBD, Friday tea-time through to Sunday lunch March 2021

Lake View Country House, Lake View Drive, Grasmere, LA22 9TD



SAP North provides an opportunity to explore the ideas of Carl Jung, amidst the evocative landscape of the Lake poets. For March 2021, we are focusing on ‘Becoming One’s Self’ - a Jungian approach to individuation. There will be talks, workshops and discussions on concepts such as the dynamic self, what it means to become oneself and how this informs work in the consulting room. To allow the experience to be further digested and personalized, we provide facilitated groups, social dreaming workshops and an opportunity to walk with others in the Lakeland fells.

The breath-taking beauty and poetic history of Grasmere offers an evocative landscape for reflection on these core Jungian themes. Further information can be found at www.jungnorthwest.uk. For a more detailed idea of the programme, topics and speakers, please download our leaflet and application form: <http://www.jungnorthwest.uk/FuturePlans.aspx>

Please email the completed form to Roselyn Abbott at: info@jungnorthwest.uk

Completion Certificate: each weekend provides 12 hours towards continuing professional development for clinicians in the helping professions. A minimum attendance of 80% is required to receive a course completion certificate.



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The Society of Analytical Psychology

1 Daleham Gardens, London NW3 5BY

020 7435 7696

<https://www.thesap.org.uk/>

The following SAP analysts will be facilitating the weekend:

Roselyn Abbott is a Jungian Analyst, a member of the Group Analytic Society International and the British Association for Psychoanalytic and Psychodynamic Supervision. Ros is also a registered Mentalization Based Treatment Practitioner, and has extensive experience working as a Psychoanalytic Psychotherapist, Supervisor and Group Analyst within the NHS including forensic services, specialising in working with women and personality disorders. Ros holds an MA in Intercultural and Group Therapy, and currently works in private practice as a Jungian Analyst and Group Analyst. Ros is involved in both the SAP Analytic and Psychotherapy trainings, and has edited the Film & Culture section of the JAP.



Martin Schmidt is a Jungian Training Analyst at the Society of Analytical Psychology and WPF in London. He is Honorary Secretary and Regional Organiser for Central Europe of the International Association for Analytical Psychology. Martin has published numerous papers, teaches and supervises widely, both in the UK and abroad. His paper ‘*Psychic Skin: psychotic defences, borderline process and delusions*’ (JAP, Feb 2012) won the Fordham prize and was nominated for the Gradiva award by the National Association for the Advancement of Psychoanalysis in New York. Martin works in private practice in London.



Susanna Wright is a supervising and training analyst for the Society of Analytical Psychology, the BPF and WPF. She worked for several years as an analyst for trainees of the International Association of Analytical Psychology in St Petersburg and has recently retired from a 5-year term as Co-editor in Chief of the Journal of Analytical Psychology, for which she organised conferences in Berlin, London and New York. She holds an MA in the psychodynamics of organisations and has worked in organisational consultancy, as well as lecturing and teaching on clinical training programmes in the UK and overseas. Susanna works in private practice in London and Kendal.

